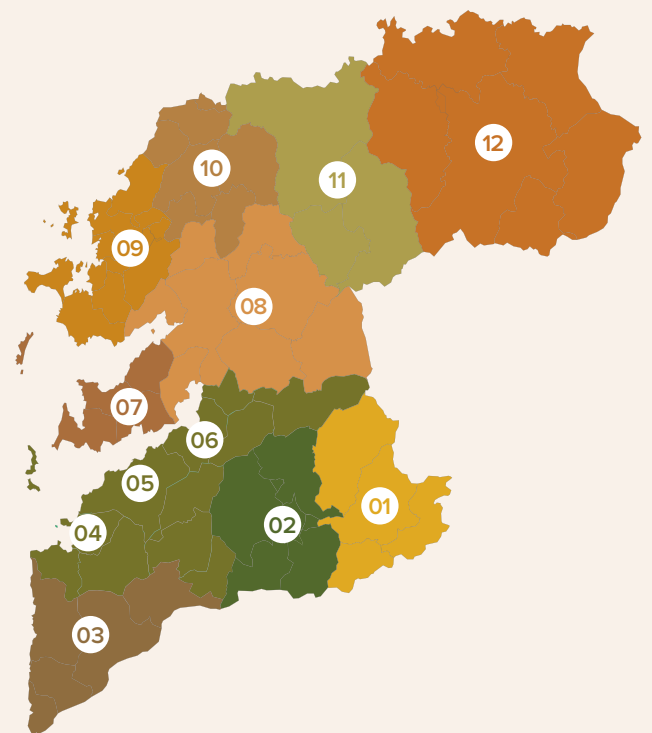


HUNGRY FOR EXPERIENCES?



PROVINCE OF PONTEVEDRA, AS RÍAS BAIXAS EXPERIENCE ITS MUSEUMS AND DISCOVER ITS CUISINE

As Rías Baixas is synonymous with culture and good food. Every town in the province of Pontevedra has something unique to offer to the visitors. Explore the different regions of Pontevedra through these twelve tours and discover its history, culture and gastronomy in its museums. In each itinerary, you will enjoy a great diversity of landscapes filled with stories, in which the natural beauty of its beaches, forests or hills is combined with a rich heritage and with museums that unveil the secrets of this land.



01 Wine and lamprey - A Paradanta

02 A land of borders, water and history - O Condado

03 The sacred in nature and the control of the land - O Baixo Miño

04 Pure Atlantic Ocean - O Baixo Miño and Vigo

05 Art and city - Vigo

06 A sea of stories - Vigo

07 Between sea and land - O Morrazo

08 An artistic treasure - Pontevedra

09 Of sea and wine - O Salnés

10 Among rivers and hot springs - Caldas

11 A world of richness in the countryside - Tabeirós-Terra de Montes and Pontevedra

12 Inland - Deza

7 Festa do Requeixo e do Mel (As Neves)

The festival of cottage cheese and honey, declared of Tourist Interest in Galicia, and celebrated in March, is dedicated to a dessert with a long tradition in this town. Its origin dates back to the 12th century and it is believed that it was the basic pilgrim's food.

NATURAL SPOTS

11 Viewpoint of A Picaraña Hill over the valley of the Tea River (Ponteareas)

On the top of the hill, at 387 metres above sea level, you can enjoy a panoramic view of the valley of the Tea River and the Sobroso Castle. Today, on the grounds of a medieval castle there is a big cross that marks the end of the Way of the Cross.

Pesqueiras of the Miño River (Crecente, Arbo, As Neves, Salvaterra de Miño)

The *pesqueiras*, also known as *pescos*, are stone constructions found on the banks of the Miño River that may date back to the Roman period. These were built in the shape of parallelepipeds that create currents and enable the capture of different species of river fish, mainly salmon, lamprey and tarpon. The best way to admire the *pesqueiras* is to follow a sign-posted route that runs along a small stretch of the Miño riverpath.

OTHER POINTS OF INTEREST

Thermal baths of Salvaterra (Salvaterra de Miño)

This spa retreat is surrounded by nature and consists of several open-air thermal baths. Moreover, the ancient thermal baths of the spring waters of village of Teáns have been restored. They are well-known for its healing properties.

Petroglyphs of Gargamala (Mondariz)

Petroglyphs carved in granite stones over four thousand years ago, featuring cross-shaped, zoomorphic, human, and connected circle motifs...



Walled enclosure of Salvaterra (Salvaterra de Miño)



Wines of O Condado do Tea



Spa, fountains of Mondariz and surrounding area (Mondariz-Balneario)



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More information

Come and live new experiences through these twelve itineraries. Embark on a journey to the essence of the province of Pontevedra: its history, culture, landscape and gastronomy.

<https://turismoriasbaixas.com/en/hambre-de-experiencias>



SICTED Quality Label: Spanish Integral System of Tourist Quality in Destinations

PROVINCE OF PONTEVEDRA, AS RÍAS BAIXAS EXPERIENCE ITS MUSEUMS AND DISCOVER ITS CUISINE

ROUTE 02 O Condado

A LAND OF BORDERS, WATER AND HISTORY



Festa do Requeixo e do Mel (As Neves)

HUNGRY FOR EXPERIENCES?



EXPERIENCE THE REGION OF O CONDADO

A LAND OF BORDERS, WATER AND HISTORY

Discover the region of O Condado, which comprises the towns of Pontearreas, Mondariz-Balneario, Mondariz, As Neves and Salvaterra de Miño. Walk around the valley of the Tea River and its tributaries, and get to know the history and tradition of this land by visiting its museums and enjoying its landscapes.

Petroglyphs —open-air rock engravings— are scattered all over the place as evidence of the beliefs of the communities from the Bronze Age. Centuries later, the *castros* from the Iron Age, located in strategic positions, and then the medieval castles, which defended former borders, such as the magnificent Sobroso Castle, were used to control the territory.

The Tea River and its tributaries rise in the hills and its waters used to move old mills that are still preserved in natural spots of great beauty. These are still a source of life in the region, from the traditional catching of the lamprey to the fertility of orchards and vineyards that produce excellent wines.

Land and water combine in order to create springs that have been places for well-being, relax and leisure since ancient times. Thermal baths in centuries-old spas, such as the one in the town of Mondariz-Balneario, offer nature, tradition and health in an amazing environment.



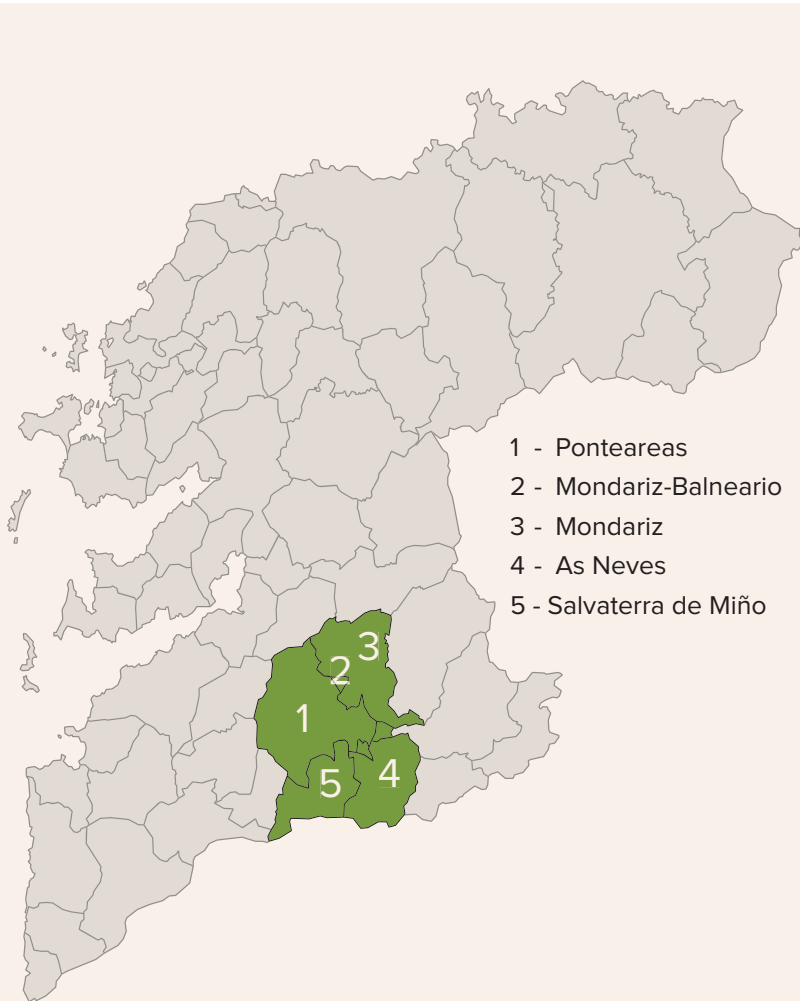
The Sobroso Castle



The Sobroso Castle-Centre for the recovery of the popular culture



Museo da Ciencia e do Viño



- 1 - Pontearreas
- 2 - Mondariz-Balneario
- 3 - Mondariz
- 4 - As Neves
- 5 - Salvaterra de Miño

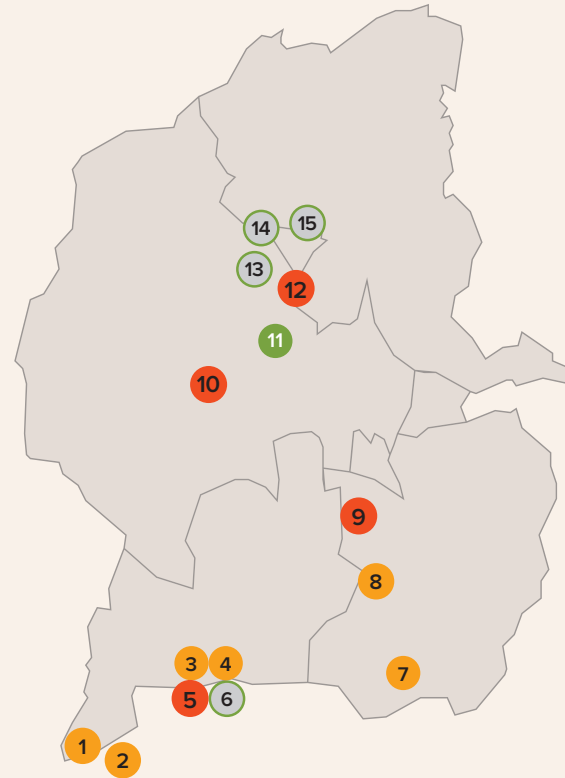


Rosquillas of Pontearreas



Spa, fountains of Mondariz and surrounding area (Mondariz-Balneario)

ROUTE 02 O Condado
A LAND OF BORDERS,
WATER AND HISTORY



MUSEUMS

5 Museo da Ciencia e do Viño

This municipal museum is located in the castle of Salvaterra. There, you will get to know the winemaking tradition in Galicia, especially the one of the wines under the Designation of Origin Rías Baixas.

📍Praza de la Constitución, 1, 36450 Salvaterra de Miño
P + 34 986 658 126

9 Centro de Interpretación do Patrimonio e Local Sociocultural de Taboexa

In this heritage interpretation centre you will discover the natural, historical and architectural heritage of the parish of Taboexa.

📍Lugar de A Rata, Taboexa, 36440 As Neves
P +34 986 652 733 W www.asneves.gal

10 Museo Municipal de Pontearreas

This museum, located in a former tannery, takes us on a journey through the history of the region; with information on the important people of the town; shows the works of local artists and promotes the Corpus Christi, a very deep-rooted religious festival in the town of Pontearreas.

📍Rúa A Perillana, 36860 Pontearreas
P +34 986 660 765 / +34 986 661 429
W www.concellodepontearreas.org

12 The Sobroso Castle-Centre for the recovery of the popular culture

It is located on the top of the Landín Hill, and dates back to the 12th century, although in the 14th century it was rebuilt and turned into the most impressive fortress in Galicia.

📍Vilasobroso, 36879 Mondariz
P +34 986 654 305 / +34 986 804 100
W www.depo.gal/castelo-de-sobroso

OTHER POINTS OF INTEREST

6 Walled enclosure of Salvaterra (Salvaterra de Miño)

Fortification from the Middle Ages, formed by a walled enclosure and different rooms, which serves as a viewpoint over the Miño River.

13 Castro de Troña (Pontearreas)
Settlement from the Iron Age protected by a wall, a

unique fortified tower, a ditch carved in the stone and several parapets. More than 30 houses have been excavated in this site. This *castro*, popularly known as Serpe de Troña, has been named after the petroglyph depicting a serpent..

14 Golf Mondariz (Mondariz-Balneario)

The spa complex in the town of Mondariz has an attractive golf course, with 18 holes and a funny and tough round. It is surrounded by nature and is among the most popular golf courses in Galicia.

15 Spa, fountains of Mondariz and surrounding area (Mondariz-Balneario)

The properties of these spring waters were already popular in Roman times, and in the 19th century were discovered by the Galician doctor Peinador Vela. There, he opened one of the most renowned spas in Spain, and was among the first to commercialise bottled mineral water.

CULINARY MOMENTS

3 Festa do Viño do Condado do Tea (Salvaterra de Miño)

It is a festival declared of Tourist Interest in Galicia, which has been celebrated for more than fifty years every August. There, you can taste the wines of Salvaterra de Miño paired with other local products.

You can enjoy the wines under the Designation of Origin Rías Baixas, from the subzone of Condado do Tea in the wineries:

1 Bodegas La Val 📍Lugar da Muguiña, Arantei, 36458 Salvaterra de Miño

2 Bodega María Bargiela 📍Porto de abaixo, 10, 36453 Salvaterra de Miño

8 Bodegas Coto Redondo – Señorío de Rubiós 📍Bouza do Rato, s/n, 36449 As Neves

4 Festa do Viño Espumoso (Salvaterra de Miño)
Food festival devoted to this tasty sparkling wine, mostly made with Albariño grapes under the Designation of Origin Rías Baixas. It is celebrated on the first weekend of December.



Museo da Ciencia e do Viño



The Sobroso Castle



Wines of O Condado do Tea



Spa, fountains of Mondariz and surrounding area (Mondariz-Balneario)