

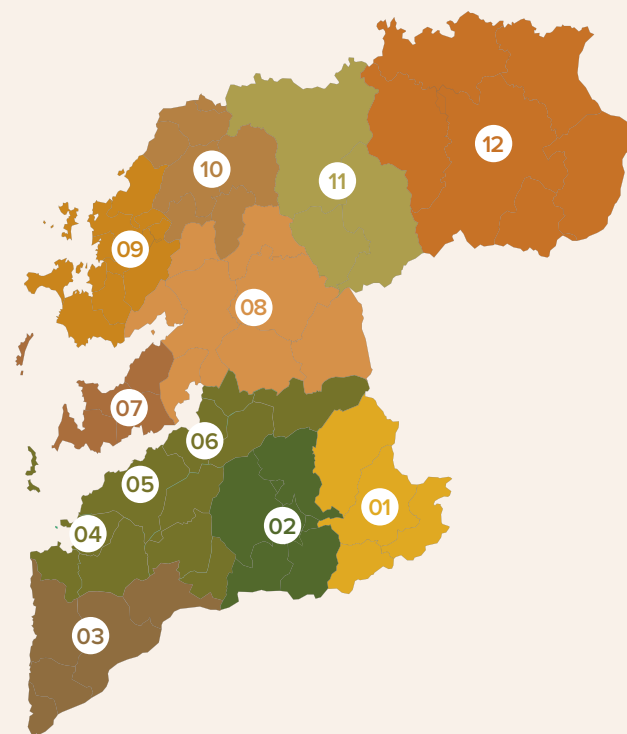


## HUNGRY FOR EXPERIENCES?



### PROVINCE OF PONTEVEDRA, AS RÍAS BAIXAS EXPERIENCE ITS MUSEUMS AND DISCOVER ITS CUISINE

As Rías Baixas is synonymous with culture and good food. Every town in the province of Pontevedra has something unique to offer to the visitors. Explore the different regions of Pontevedra through these twelve tours and discover its history, culture and gastronomy in its museums. In each itinerary, you will enjoy a great diversity of landscapes filled with stories, in which the natural beauty of its beaches, forests or hills is combined with a rich heritage and with museums that unveil the secrets of this land.



- 01 Wine and lamprey - A Paradanta
- 02 A land of borders, water and history - O Condado
- 03 The sacred in nature and the control of the land - O Baixo Miño
- 04 Pure Atlantic Ocean - O Baixo Miño and Vigo
- 05 Art and city - Vigo
- 06 A sea of stories - Vigo
- 07 Between sea and land - O Morrazo
- 08 An artistic treasure - Pontevedra
- 09 Of sea and wine - O Salnés
- 10 Among rivers and hot springs - Caldas
- 11 A world of richness in the countryside - Tabeirós-Terra de Montes and Pontevedra
- 12 Inland - Deza

#### 2 Festa da Troita (Ponte Caldelas)

A Festival of Tourist Interest in Galicia that is held in May. There is also an angling competition on the Verdugo River. In this festival, the trout can be tasted in a variety of ways.



Festa da Troita (Ponte Caldelas)

#### 4 Festa do Caldo de Mourente (Pontevedra)

Festival of Tourist Interest in Galicia that is held in March and that pays tribute to the *caldo* (typical Galician broth) prepared in the village of Mourente. The knights and ladies of the Orde do Caldo are appointed and there are open-air musical performances.



Festa Gastronómica do Codillo (A Lama)

#### NATURAL SPOTS

##### Salinas do Ulló (Vilaboa)

The salt mines of Ulló, in the neighbourhood of Paredes, are also worth a visit. They were created by the Jesuits in the 17<sup>th</sup> century. Today, these marshes have a great diversity of flora and fauna, and pleasant trails. The remains of the salt mine farm, where the workers and owners used to stay, have been preserved.

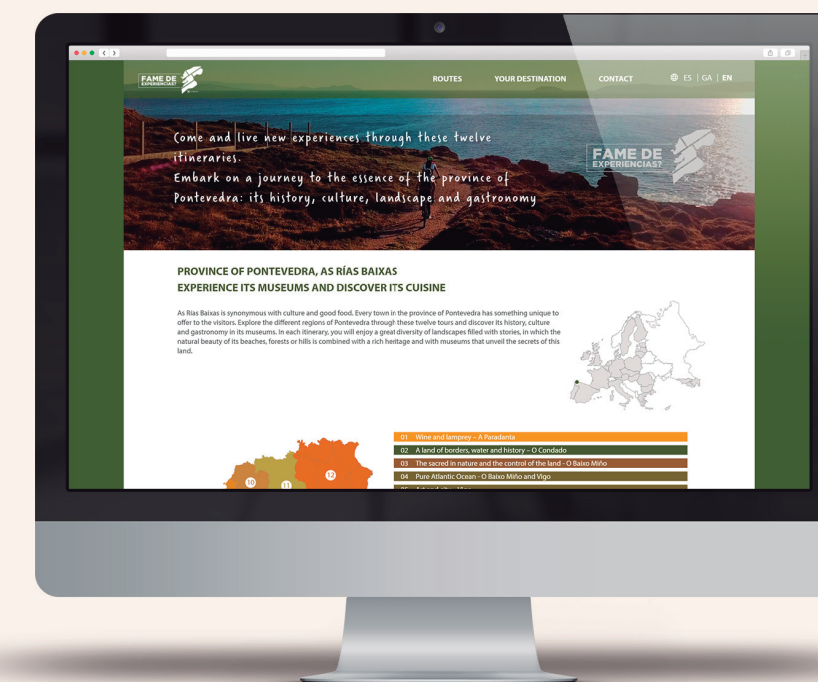
#### OTHER POINTS OF INTEREST

##### Historical and artistic site of Pontevedra

It is one of the best-preserved historic and artistic sites in Spain. It boasts streets with arcades leading to squares of great charm. If you stroll around the streets you can discover old manor houses, the convent of Santo Domingo or the Basilica of Santa María A Maior, several convent churches and the Sanctuary of A Peregrina (1778), featuring a floor plan in the shape of a scallop shell.



Mills of A Bãrosa (Barro)



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More information

Come and live new experiences through these twelve itineraries. Embark on a journey to the essence of the province of Pontevedra: its history, culture, landscape and gastronomy.

<https://turismoriasbaixas.com/en/hambre-de-experiencias>

 SICTED Quality Label: Spanish Integral System of Tourist Quality in Destinations

### PROVINCE OF PONTEVEDRA, AS RÍAS BAIXAS EXPERIENCE ITS MUSEUMS AND DISCOVER ITS CUISINE

## ROUTE 08 Pontevedra

### AN ARTISTIC TREASURE



#### Caldas Hoard 1 - As Silgadas Deposit

It was a chance discovery by workers who were digging a trench. The deposit lay directly on the surface, relatively close to the surface, in a place where two major communication routes crossed: the Meridian Depression and the Uria Valley. The hoard comprises more than 30 hoops, two side-handle bowls, a side-handle jug and a comb, all made of gold, as well as six fragments of decorated sheet gold. The objects were found in neat groups, possibly because they were deposited inside a sack or chest that has not survived. However, we do know that part of the hoard was melted down by a local resident.

Museo Provincial de Pontevedra

## HUNGRY FOR EXPERIENCES?





## EXPERIENCE THE REGION OF PONTEVEDRA

### AN ARTISTIC TREASURE

Discover the region of Pontevedra, an artistic treasure that comprises the towns of A Lama, Ponte Caldelas, Vilaboa, Pontevedra, Poio, Barro and Campo Lameiro. Pontevedra is full of art in every corner. The squares and streets of the old town remind us of a medieval past, in which the Pilgrim's Way to Santiago de Compostela was a very important meeting point. The Provincial Museum of Pontevedra houses archaeological, artistic and ethnographic collections of great value and invites us on a journey through the history of the province from Prehistory until the present time.

The city of Pontevedra boasts even more treasures, such as the remains of the ancient archiepiscopal towers, the monastery of San Salvador de Lérez or the sumptuous manor house Pazo de Lourizán. The region also gathers an important archaeological heritage, such as the groups of rock carvings –petroglyphs– from the Bronze Age that can be admired in Campo Lameiro, Tourón or A Caeira. The coastal inlet Ría de Pontevedra, with towns such as Poio or the parishes of Combarro or Samieira, is home to an interesting culinary offer and boasts a large number of interesting natural and cultural spots. Its streets and squares, as well as the gardens of the *pazos*, castles and monasteries, are perfect places to enjoy the beauty of camellias and other flowers.



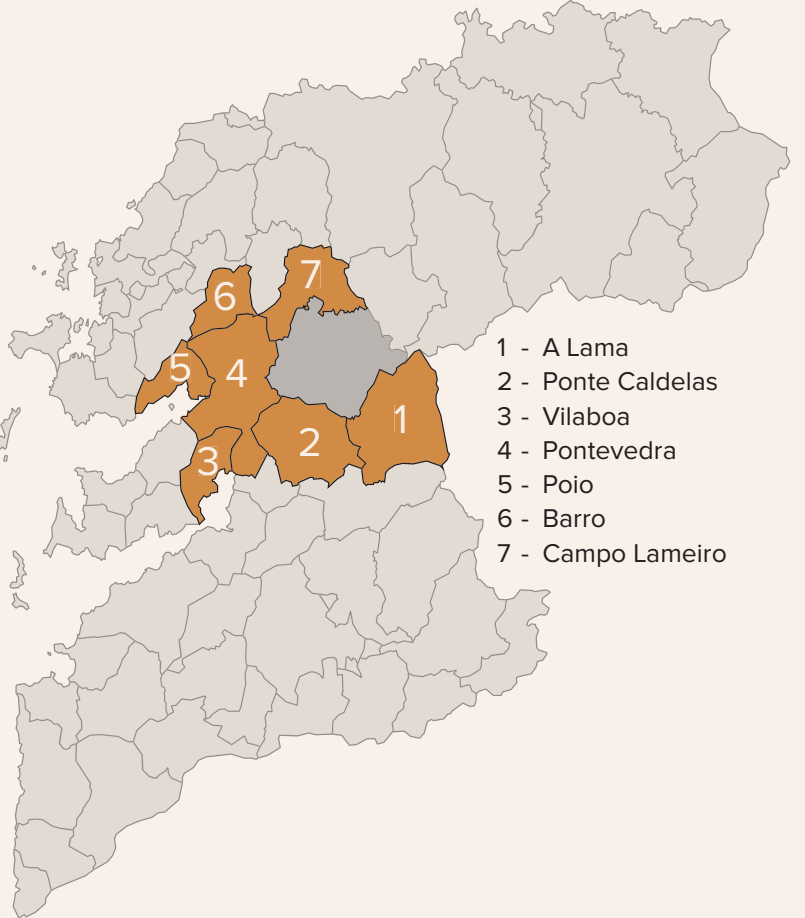
Museo Provincial de Pontevedra-Ruins of Santo Domingo



Museo Provincial de Pontevedra -Castro Monteagudo



Casa-Museo de Cristóbal Colón (Poio)



- 1 - A Lama
- 2 - Ponte Caldelas
- 3 - Vilaboa
- 4 - Pontevedra
- 5 - Poio
- 6 - Barro
- 7 - Campo Lameiro



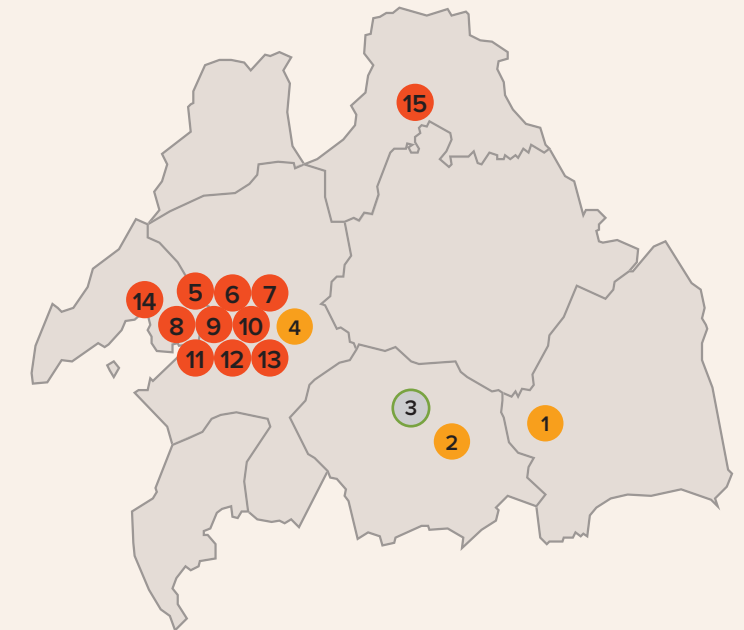
Historical and artistic site of Combarro (Poio)



Salinas do Ulló (Vilaboa)

## ROUTE 08 Pontevedra

### AN ARTISTIC TREASURE



#### MUSEUMS

##### 5/6/7/8/9/10 Museo Provincial de Pontevedra

Founded in 1927, it is the most important museum in the province of Pontevedra and among the most important in Spain. The museum keeps 16,000 valuable pieces of diverse origin, ranging from Prehistory up to the 20<sup>th</sup> century, as well as ethnographic collections and naval elements. A comprehensive journey through the history and culture of the province. It is made up of six buildings: Castro Monteagudo, García Flórez, Fernández López, Sarmiento, Ruins of Santo Domingo and Sexto.

**10** Museo de Pontevedra - Sexto edificio. Travesía Padre Amoedo, 3, 36002 Pontevedra  
**P** +34 986 851 455 **W** www.museo.depo.es

##### 11 Centro de Interpretación das Torres Arzobispais

This interpretation centre is located underground, where the defensive moat of the medieval manor-fortress of the Archiepiscopal Towers was found. During your visit, you can discover the scarp and counter-scarp of the fortress, as well as the pillars of a draw-bridge. The archaeological excavations recovered 24 stone balls that were used as catapult projectiles.  
**P** Rúa Mestre Mateo, 1, 36002 Pontevedra  
**P** +34 986 090 677 **W** www.visit-pontevedra.eu

##### 12 Casa-Museo de Cristóbal Colón

This house, known as A Casa da Cruz, is situated in front of a shipyard that is said to be where the Santa María, also known as 'The Galician', was built; it was one of the ships that set sail to the Indies in 1492. The museum keeps some documents that proved that a family of sailors with the Columbus surname lived in this house. Further proof is an inscription on a cruceiro (stone cross) at the foot of the door that reads 'Juan Colón R 1490'.  
**P** Praza de Cristóbal Colón, s/n, 36163 Poio  
**P** +34 986 770 001 +34 986 873 196  
**W** www.concellopoio.com

##### 13 Archaeological site and archaeological interpretation centre of A Caeira

Area with several groups of petroglyphs –rock carvings– with a centre that shows the importance of this valuable archaeological legacy and provides valuable information so as you can make the most of your visit.  
**P** Avenida Andurique, 43, 36163 Poio  
**P** +34 986 833 204 **W** www.concellopoio.gal

##### 14 Monastery of San Xoán de Poio and museum

The 17<sup>th</sup> century church, with classicist and Baroque influences, stands out. It houses an 18<sup>th</sup>-century altarpiece and the tomb of Saint Trahamunda, greatly venerated in the town of Poio. A visit to the museum allows you to admire the old monks' refectory and a collection of paintings and miniature books. In the gardens, there is the largest *hórreo* (typical Galician granary house) in Galicia, built in the 18<sup>th</sup> century.  
**P** Rúa Convento, s/n, 36995 Poio  
**P** +34 986 778 015 +34 986 770 244

##### 15 Parque Arqueolóxico da Arte Rupestre (PAAR)

A rock art archaeological park with trails that run through one of the most important groups of petroglyphs –rock carvings– in Galicia, with geometric and natural motifs. The interpretation centre reveals the enigmas of these symbolic stone motifs. Outside, you can admire replicas of huts, storage structures or animal fences.  
**P** Rúa Praderrei, s/n, 36119 Campo Lameiro  
**P** +34 986 696 066 **W** www.paar.es

#### OTHER POINTS OF INTEREST

##### 3 Árchaeological area of Tourón (Ponte Caldelas)

This area contains a group of petroglyphs, open-air rock carvings that can be admired from a walkway. The carvings portray cup marks, connected circles, geometric motifs and zoomorphic figures.  
**P** Tourón, 36828 Ponte Caldelas  
**P** +34 986 767 235 **W** www.pontecaldelas.org

#### CULINARY MOMENTS

Some of the main dishes that can be enjoyed in this tour are river fish, wine and spirits, pastries and bread, and canned food.

##### 1 Festa Gastronómica do Codillo (A Lama)

A gastronomic festival held in May, where you can taste stewed pork knuckle portions with baked potatoes, carrots, peas and mushrooms.



Museo Provincial de Pontevedra



Parque Arqueolóxico da Arte Rupestre (Campo Lameiro)



Archaeological area of Tourón (Ponte Caldelas)



Festa do Caldo de Mourente (Pontevedra)