

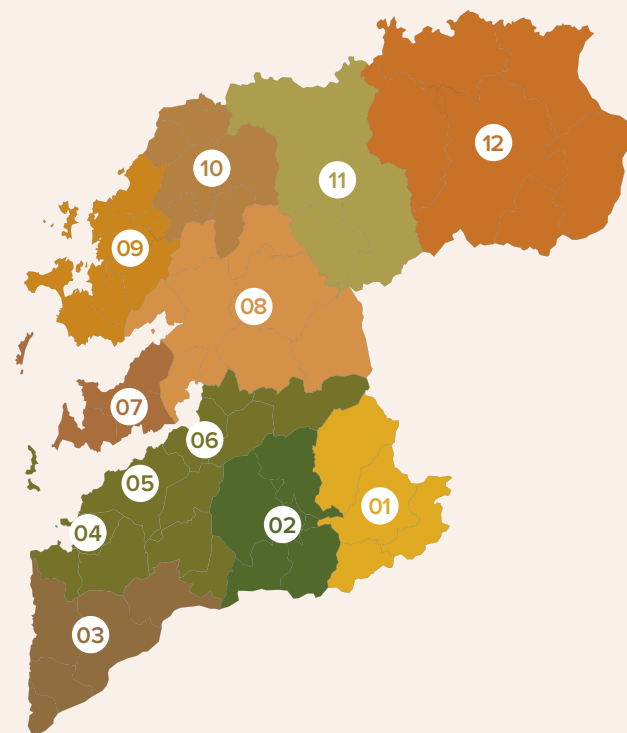


HUNGRY FOR EXPERIENCES?



PROVINCE OF PONTEVEDRA, AS RÍAS BAIXAS EXPERIENCE ITS MUSEUMS AND DISCOVER ITS CUISINE

As Rías Baixas is synonymous with culture and good food. Every town in the province of Pontevedra has something unique to offer to the visitors. Explore the different regions of Pontevedra through these twelve tours and discover its history, culture and gastronomy in its museums. In each itinerary, you will enjoy a great diversity of landscapes filled with stories, in which the natural beauty of its beaches, forests or hills is combined with a rich heritage and with museums that unveil the secrets of this land.



01 Wine and lamprey - A Paradanta
02 A land of borders, water and history - O Condado
03 The sacred in nature and the control of the land - O Baixo Miño
04 Pure Atlantic Ocean - O Baixo Miño and Vigo
05 Art and city - Vigo
06 A sea of stories - Vigo
07 Between sea and land - O Morrazo
08 An artistic treasure - Pontevedra
09 Of sea and wine - O Salnés
10 Among rivers and hot springs - Caldas
11 A world of richness in the countryside - Tabeirós-Terra de Montes and Pontevedra
12 Inland - Deza

fish harvesting and fish salting. In addition, a late Roman necropolis and a building that may have been a place of Christian worship were also found.

4 Aquarium of O Grove

It is a good example of the biological and ecological riches of the Galician seas. There, you can also learn more about the relationship between the sea and the human being. It also serves to raise awareness on the need of preserving the marine heritage.

10 Historical and artistic site of Cambados

This town is known as the cradle of Albariño white wine. It boasts stately and manor houses and granite monuments. In the past, the villages of Fefiñáns, of noble character, Santo Tomé, a fishing neighbourhood, and the district of Cambados, with beaches, cobblestone streets and the Ruins of Santa Mariña de Dozo, merged to create the town of Cambados.

13 Lighthouse of Punta Cabalo (A Illa de Arousa)

It was built in 1852 but stop working at the beginning of the 20th century. Nowadays, it serves as a restaurant offering beautiful views over the coastal inlet Ría de Arousa.

NATURAL SPOTS

5 Centro de Interpretación da Natureza do Monte Siradella

Located at the top of A Siradella Hill, this interpretation centre offers a breathtaking panoramic view. It provides information on the protected natural space Intertidal Complex Umia-O Grove, A Lanzada, O Carreirón Park and the Bodeira Lagoon.

📍 Monte de A Siradella, 36989 O Grove
P +34 986 680 284 +34 986 730 975 +34 986 731 415
W www.concellodeogrove.es

CULINARY MOMENTS

Festa do Albariño (Cambados)

A festival declared of International Tourist Interest held every year in August. There, it is possible to buy some bottles of Albariño white wine or taste it at any of the stands of the local wineries. During the festival, there is also a contest that awards the winery with the best wine under the Designation of Origin Rías Baixas of the previous year. During this event, a large number of cultural activities are also held.

Festa de Exaltación do Marisco (O Grove)

Festival declared of National Tourist Interest held in October, where visitors can enjoy Galician seafood at reasonable prices, namely mussels, turbot, crabs, shrimps, langoustines, oysters, scallops, clams or goose barnacles.



Real Club de Golf La Toja (O Grove)



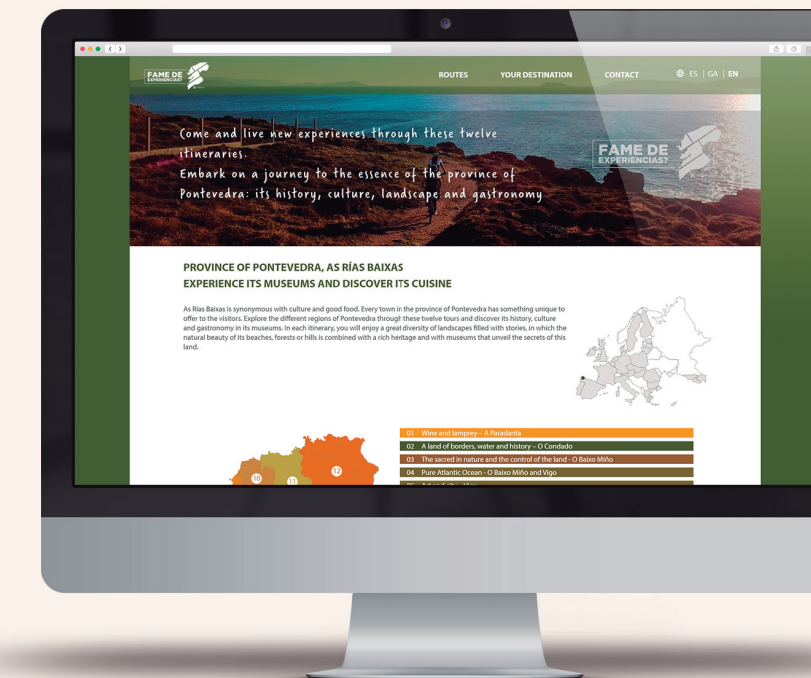
Aquarium of O Grove



Lighthouse of Punta Cabalo (A Illa de Arousa)



Festa de Exaltación do Marisco (O Grove)



HUNGRY FOR EXPERIENCES?



PROVINCE OF PONTEVEDRA, AS RÍAS BAIXAS EXPERIENCE ITS MUSEUMS AND DISCOVER ITS CUISINE



Accede a máis información

Come and live new experiences through these twelve itineraries. Embark on a journey to the essence of the province of Pontevedra: its history, culture, landscape and gastronomy.

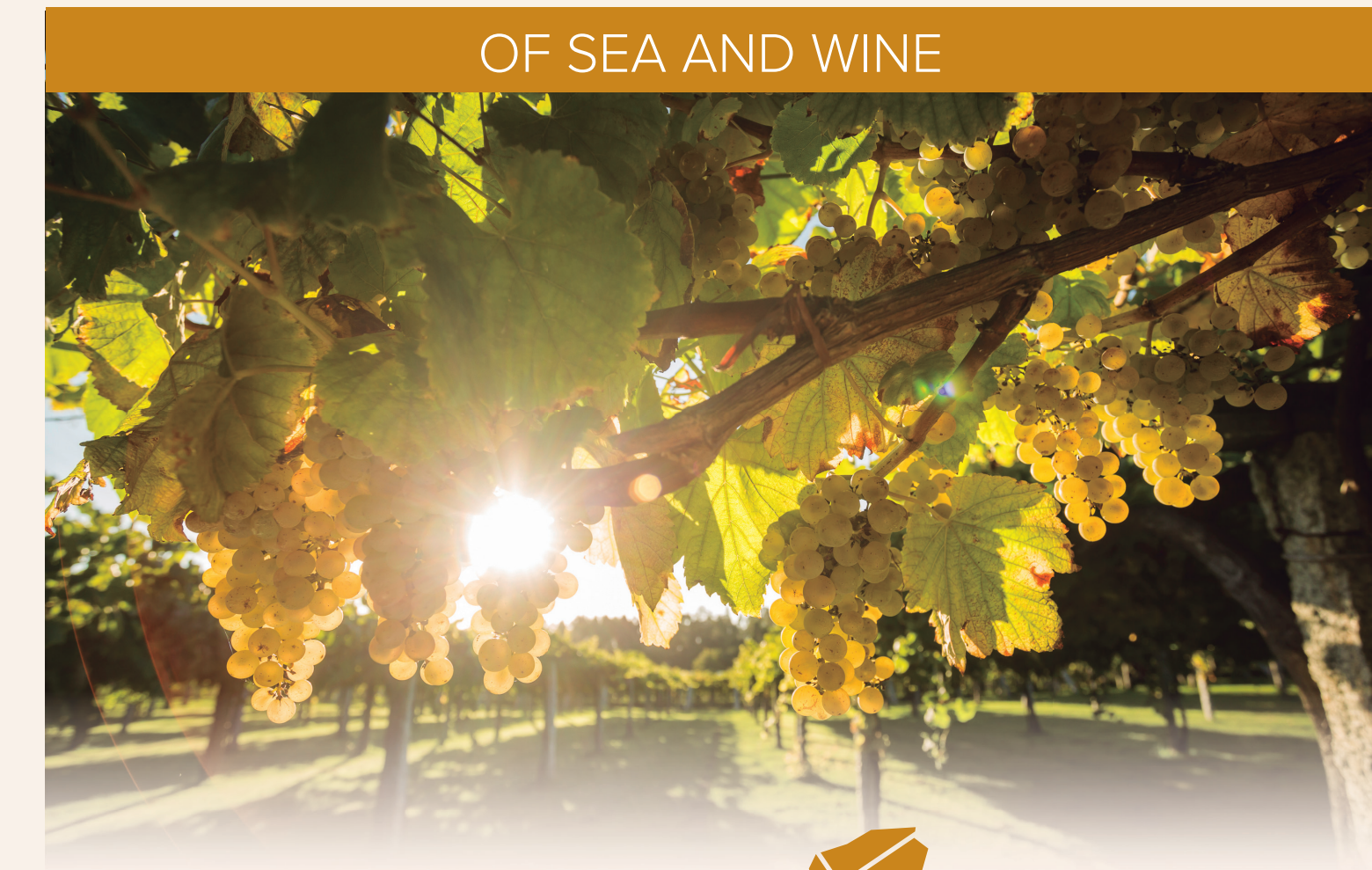
<https://turismoriasbaixas.com/en/hambre-de-experiencias>

 SICTED Quality Label: Spanish Integral System of Tourist Quality in Destinations

PROVINCE OF PONTEVEDRA, AS RÍAS BAIXAS EXPERIENCE ITS MUSEUMS AND DISCOVER ITS CUISINE

ROUTE 09 O Salnés

OF SEA AND WINE



Vineyards of the wines under the Designation of Origin Rías Baixas

HUNGRY FOR EXPERIENCES?



EXPERIENCE THE REGION OF O SALNÉS

OF SEA AND WINE

In O Salnés you can get to know the bustling small towns of Vilagarcía de Arousa, Vilanova de Arousa, A Illa de Arousa, Cambados, O Grove, Sanxenxo, Meaño, Ribadumia and Meis. All of them enjoy a great economic diversity and a marked character, in which sea and land merge to create a unique landscape.

On the coast, besides fishing and shellfish harvesting, there are orchards and vineyards that produce high-quality wines. Cambados, with its Museo Etnográfico do Viño (Ethnographic Museum of the Wine), is the main winegrowing town in the province. On its part, the towns of O Grove and A Illa de Arousa boast museums that show the importance of the fishing activity and the canning and fish salting tradition. Shellfish harvesting and fishing have been traditional activities in the region. This is evidenced by the settlements from the Iron Age, popularly known as *castros*, located by the coast or even at the beach, which specialised in the exploitation of sea resources and served as important commercial trade centres.

The landscape of O Salnés is a paradise for enjoying food, with different types of seafood, vegetables and fruits that can be paired with excellent wines.



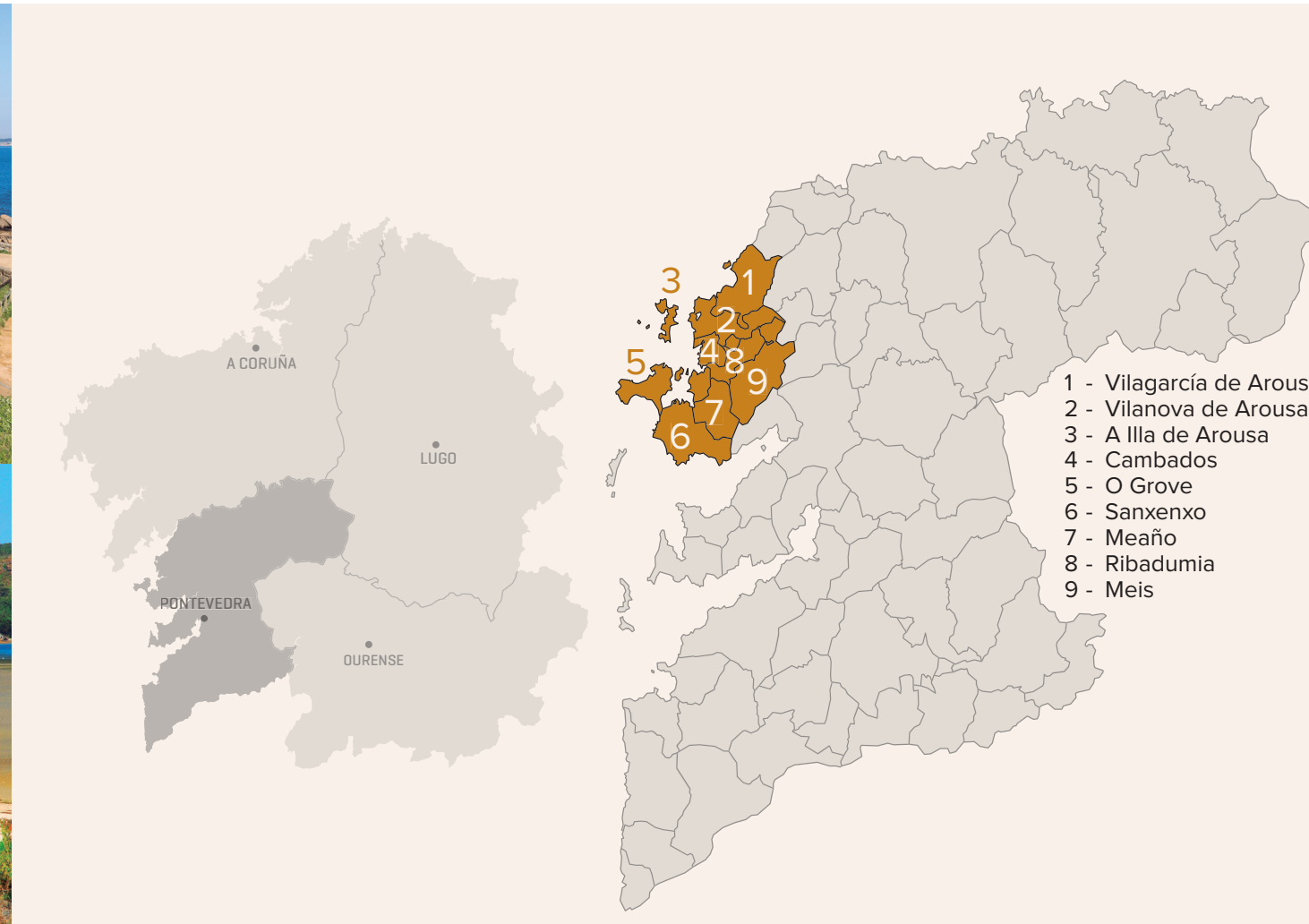
Tower of A Lanzada (Sanxenxo)



Intertidal Complex Umia-O Grove



Ruins of Santa Mariña de Dozo Church (Cambados)



- 1 - Vilagarcía de Arousa
- 2 - Vilanova de Arousa
- 3 - A Illa de Arousa
- 4 - Cambados
- 5 - O Grove
- 6 - Sanxenxo
- 7 - Meaño
- 8 - Ribadumia
- 9 - Meis

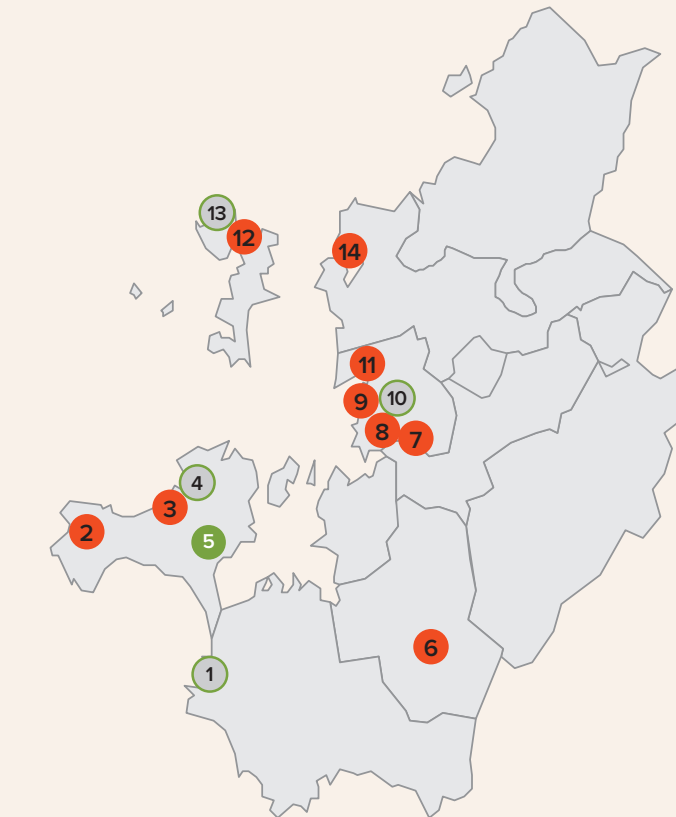


Casa-Museo Valle-Inclán (Vilanova de Arousa)



San Sadurni Tower (Cambados)

ROUTE 09 O Salnés OF SEA AND WINE



MUSEUMS

2 Centro de Interpretación Quintero de Temperán

This interpretation centre, located in an old 18th-century farmhouse, shows the Galician traditional culture. A tour of its different rooms allows you to know how people used to live and how the family was structured in rural areas.

📍 Lugar de Cacheiras s/n, San Vicente, 36988 O Grove
P +34 607 018 200 W www.oquinteirodetemperan.com

3 Museo Etnográfico da Pesca e da Salga Salgadeiras de Moreiras

This museum is located in two restored fish salting factories (*salgadeiras*) and highlights the processes used to keep the sardine in brine. There, it is worth visiting the outdoor pools and an exhibition area that shows the importance of the fishing, shellfish harvesting, salting and canning activities.

📍 Lugar de Punta Moreiras s/n, 36988 O Grove
P +34 986 730 975 +34 986 731 415
W www.turismogrove.es

6 Centro de Interpretación da Muller Labrega

This interpretation centre, located in the manor house Pazo de Lis, acknowledges the work of the Galician rural women in different spheres, such as family organization, household economy, social relationships, and women tasks such as bread-making, linen processing or sewing.

📍 As Covas, 4, 36968 Meaño
P +34 986 747 847 +34 986 747 102 +34 986 747 585
W www.concellodemearno.com

7 Casa-Museo do Pescador

A seaside building that shows the importance of the fishing activity in the town of Cambados, a deep-rooted economic activity. It is the best way to get to know the fishermen's life.

📍 Barrio de Santo Tomás, 2, 36630 Cambados (Temporarily closed)
P +34 986 526 119 W www.cambados.es

8 Museo Etnográfico e do Viño

It was the first museum dedicated to wine in Galicia, and is located in an old rectory. Its ethnographic collection serves as a common thread to discover the winegrowing culture in As Rías Baixas, the characteristics of the land, the varieties grown, the winemaking process and its bonds with the traditional culture.

📍 Avenida da Pastora, 104, 36630 Cambados
P +34 986 526 119 W www.cambados.es

9 Casa-Museo Ramón Cabanillas

A small seaside house that was the birthplace of this famous Galician poet, known as "poeta da raza" (poet of the race). There, one can find testimonies; objects and a wide range of elements that exerted a great influence on him and that allow us to learn more about the most important Galician poet, member of the Galician nationalist organization Irmandades da Fala.

📍 Rúa Novedades 13, 36630 Cambados (Temporarily closed)
P +34 986 526 119 W www.cambados.es

11 Muíño das mareas da Seca

Gonzalo Valladares, Lord of Fefiñáns, built this mill in the cove of Cambados in 1662 by using the ebb and flow of the tides. Now, it is a museum that keeps and displays the cultural and popular legacy of As Rías Baixas.

📍 Corvillón, 36634 Cambados
P +34 986 520 786 (by appointment only)
W www.concellopoio.com

12 Centro de Interpretación da Conserva

This interpretation centre is located in the old cannery of Goday, the first canning plant in Galicia dating from the 19th century. It shows the production process of a cannery and its history. Nearby is Muelle de Pau, an old fish salting factory, which also belonged to the Goday family.

📍 Rúa Palmeira, Praza do Concello, 24, 36626 A Illa de Arousa
P +34 687 807 109 W www.ailladearousa.es

14 Casa-Museo Valle-Inclán

This museum is located in the Casa do Cuadrante, a traditional building that was owned by the maternal grandparents of the Galician writer Valle-Inclán where he was supposedly born. It displays book collections, original manuscripts and other documents related to the author.

📍 Luces de Bohemia, s/n, 36620 Vilanova de Arousa
P +34 986 555 493 W www.museocuadrante.com

OTHER POINTS OF INTEREST

1 Castro of A Lanzada (Sanxenxo)

It is located in a privileged spot perfect to control marine traffic, with anchorage areas and near the tin mines. In the 2nd century BC, it was an important trading centre as well as a settlement dedicated to shell-



Museo Etnográfico da Pesca e da Salga Salgadeiras de Moreiras (O Grove)



Centro de Interpretación Quintero de Temperán (O Grove)



Muíño das mareas da Seca (Cambados)