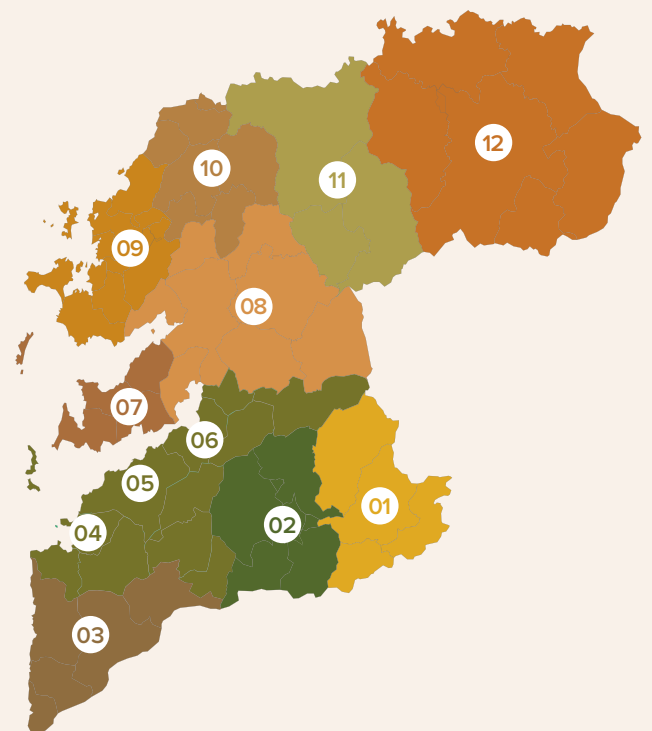


HUNGRY FOR EXPERIENCES?



PROVINCE OF PONTEVEDRA, AS RÍAS BAIXAS EXPERIENCE ITS MUSEUMS AND DISCOVER ITS CUISINE

As Rías Baixas is synonymous with culture and good food. Every town in the province of Pontevedra has something unique to offer to the visitors. Explore the different regions of Pontevedra through these twelve tours and discover its history, culture and gastronomy in its museums. In each itinerary, you will enjoy a great diversity of landscapes filled with stories, in which the natural beauty of its beaches, forests or hills is combined with a rich heritage and with museums that unveil the secrets of this land.



01 Wine and lamprey - A Paradanta

02 A land of borders, water and history - O Condado

03 The sacred in nature and the control of the land - O Baixo Miño

04 Pure Atlantic Ocean - O Baixo Miño and Vigo

05 Art and city - Vigo

06 A sea of stories - Vigo

07 Between sea and land - O Morrazo

08 An artistic treasure - Pontevedra

09 Of sea and wine - O Salnés

10 Among rivers and hot springs - Caldas

11 A world of richness in the countryside - Tabeirós-Terra de Montes and Pontevedra

12 Inland - Deza

NATURAL SPOTS

3 Fraga de Catasós (Lalín)

Also known as *carballeira* de Quiroga (oak grove of Quiroga), it is an outstanding oak and chestnut grove, with trees being up to 30 metres tall.

11 Cascade of the Toxa River (Silleda)

An area with rich landscape value with a large cascade, the highest in Galicia.

O Candán Hill (Forcarei, Lalín, Silleda)

The maximum altitude of this hill reaches more than one thousand metres. It is recommended to follow the signposted trail that runs through large open spaces and vast oak groves. At its top, there is a viewpoint that offers stunning views of the town of Silleda.

Cork grove of O Arnego (Agolada, Lalín y Vila de Cruces)

Natural area typical of the Atlantic forest with Mediterranean influences. You can walk through oak and cork forests, riverside forests along the Arnego River to reach the river beach in Ponte Vilariño.

Recreational area in the Finca Mouriscade (Lalín)

A charming natural landscape by the Asneiro River, in the parish of Vilanova, located next to a group of water mills. It has tables and a covered barbecue area.

OTHER POINTS OF INTEREST

Monastery of San Pedro de Vilanova (Dozón)

Belonging to the Benedictine Order, it is a late Romanesque building (12th-13th centuries). The façade is austere and the interior is adorned in detail and has a wooden roof.

Pendellos da Gouxá (Dozón)

They are a group of 18th century buildings, popularly known as *pendellos*, which have hosted fairs and markets from their origins. The fair of A Gouxá is held on the 11th and 23rd of each month. At the fair, it is possible to taste *carne ao caldeiro* (boiled beef meat with paprika and olive oil) and *pulpo á feira* (typical Galician octopus recipe served with oil and paprika).



Festa do Xamón de Bermés (Lalín)



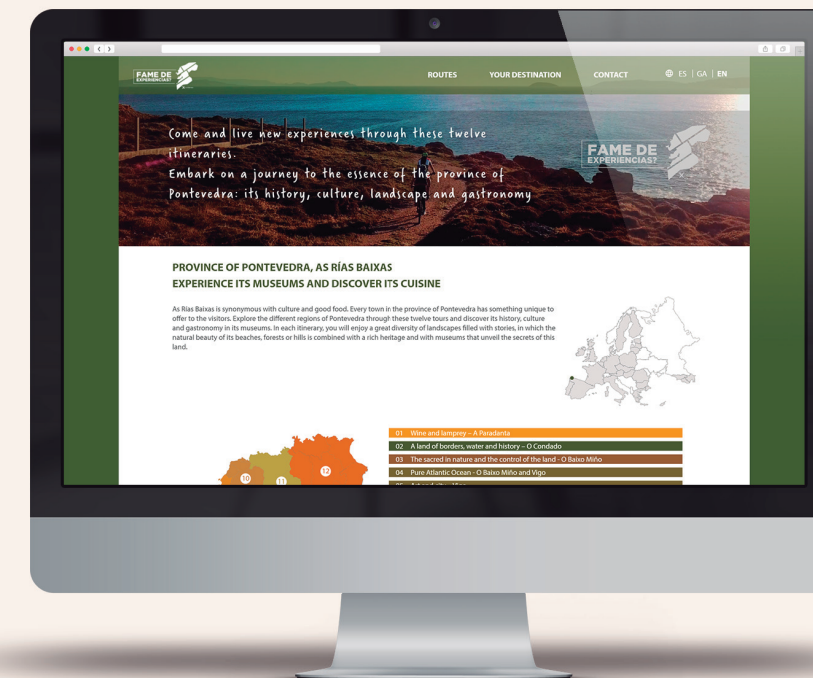
Festa do Galo de Curral (Vila de Cruces)



Fraga de Catasós (Lalín)



Cascade of the Toxa River (Silleda)



HUNGRY FOR EXPERIENCES?



PROVINCE OF PONTEVEDRA, AS RÍAS BAIXAS EXPERIENCE ITS MUSEUMS AND DISCOVER ITS CUISINE



More information

Come and live new experiences through these twelve itineraries. Embark on a journey to the essence of the province of Pontevedra: its history, culture, landscape and gastronomy.

<https://turismoriasbaixas.com/en/hambre-de-experiencias>

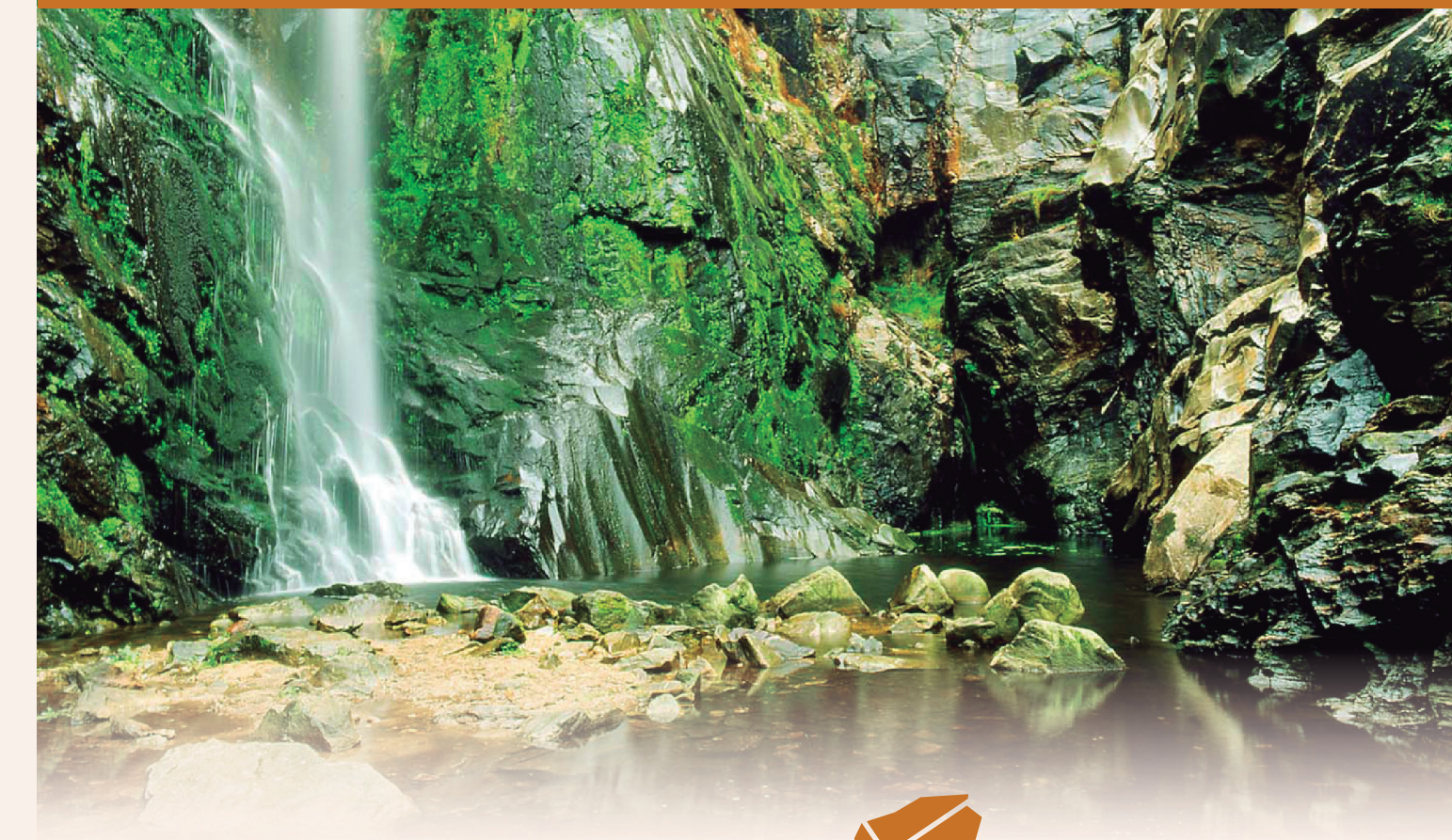


SICTED Quality Label: Spanish Integral System of Tourist Quality in Destinations

PROVINCE OF PONTEVEDRA, AS RÍAS BAIXAS EXPERIENCE ITS MUSEUMS AND DISCOVER ITS CUISINE

ROUTE 12 Deza

INLAND



Cascade of the Toxa River (Silleda)

HUNGRY FOR EXPERIENCES?



EXPERIENCE THE REGION OF DEZA

INLAND

Come and experience the region of Deza in a tour of the towns of Rodeiro, Dozón, Lalín, Silleda, Vila de Cruces and Agolada. Deza has been a traditional farming town, and enjoys a beautiful landscape rich in history. The vast oak groves and riverside woods are found surrounding *castros* (pre-Roman hillfort settlements), *pazos* (typical Galician manor houses), churches, monasteries and *pendellos* (market stalls). These buildings will take you back in time centuries ago and show you more about the nobility, religion or economy of this inland part of the province.

This region boasts museums that show how the traditional rural life was, introduce us to the archaeology of the region and its local cuisine, and provide us with an insight into tungsten mining in Fontao. They also reveal some interesting facts, such as the case of a priest who, in the 19th century, built an astronomical observatory in Lalín.

The majestic *pazos*, which stand out for its stately architecture, are evidence of the significance that agriculture and livestock had in the region.

The austere monasteries and churches bear witness to the establishment of religious communities devoted to farming. The *pendellos*, constructions that served as market stalls, and no longer in use, used to be bustling meeting places for buying and selling farm products.

Round off your experience by tasting some of the delicacies obtained in the forests, woods and fields, such as meat, vegetables, dairy products, wine, chestnuts or honey. The meat from A Bandeira and the ecological cheese from the Designation of Origin Arzúa-Ulloa stand out.



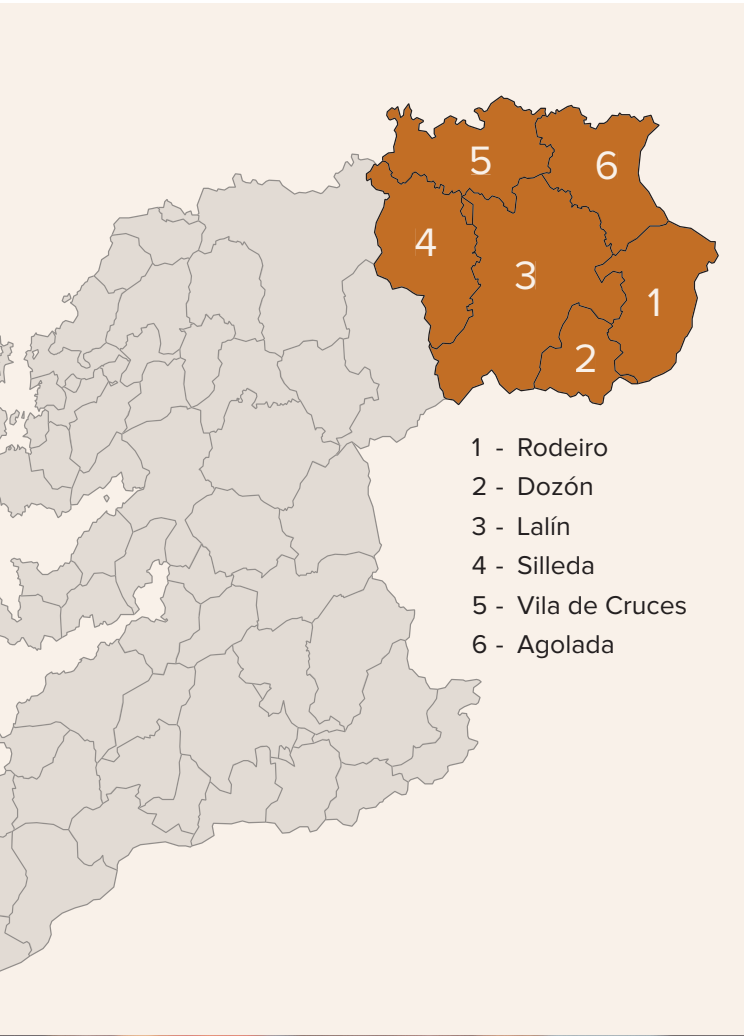
Monastery of Carboeiro (Silleda)



Cork grove of O Arnego (Agolada, Lalín and Vila de Cruces)



Museo Municipal Ramón María Aller Ulloa (Lalín)



- 1 - Rodeiro
- 2 - Dozón
- 3 - Lalín
- 4 - Silleda
- 5 - Vila de Cruces
- 6 - Agolada



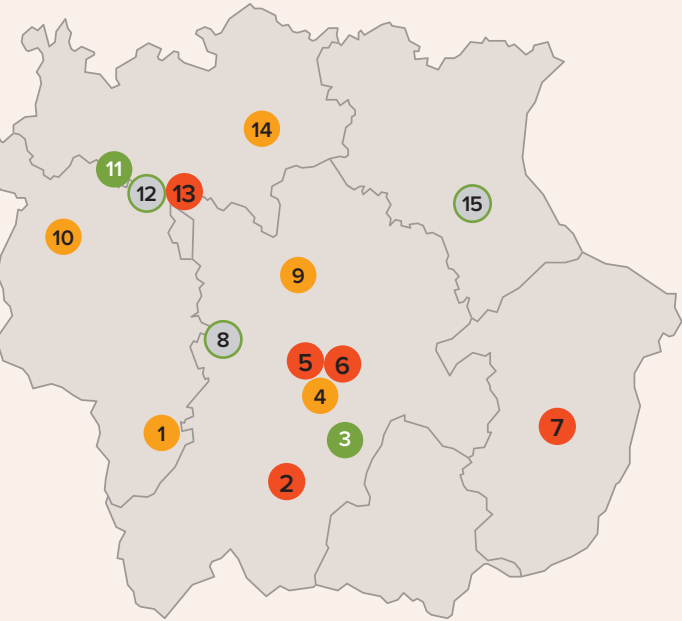
Museo Etnográfico Casa do Patrón (Lalín)



Feira do Cocido (Lalín)

ROUTE 12 Deza

INLAND



MUSEUMS

2 Museo Etnográfico Casa do Patrón

Museum that illustrates the Galician rural life, farming works and traditional trades.

📍 Codeseda, 7, Doade, 36519 Lalín
P +34 986 692 203 +34 635 939 890
W www.museoetnografico.net

5 Museo Municipal Ramón María Aller Ulloa

This 19th-century building used to be the residence of the priest and scientific Ramón María Aller, who built the first Astronomical Observatory in Galicia.

📍 Rúa Ramón Aller, 9, 36500 Lalín
P +34 986 784 004 W www.lalin.org

6 Castro Deza

Exhibition that shows the *castro* (pre-Roman hillfort settlement) culture, legends and the Atlantic diet, as well as the festivals and cuisine of the region.

📍 Praza de Galicia, 1, 36500 Lalín
P +34 986 096 670 W www.castrodeza.com

7 Museo Municipal Manuel Lamazares

It illustrates the history of the town through archaeological remains as well as objects related to the life and painting works by the artist José Luis Vázquez. Temporarily closed for works.

📍 Rúa A 28, baixo, 36537, Rodeiro
P +34 986 790 301 (by appointment only)

13 Museo da Minería de Fontao

This museum, a good example of industrial heritage, shows how tungsten was extracted, especially during the wars that took place throughout the 20th century.

📍 Praza Joaquín Basilio Bas, s/n, 36583 Vila de Cruces
P +34 986 582 259 (by appointment only)
W museomineríafontao.es

OTHER POINTS OF INTEREST

8 Pazo de Liñares (Lalín)

It was founded in the 17th century by Álvaro Núñez Taboada. Later, the Galician writer Emilia Pardo Bazán used to stay for long periods in this *pazo*. Some

of its main features are its row balcony, the servants' houses, two ovens, a shed, a *hórreo* (typical Galician raised granary house) and a dovecote.

12 Monastery of Carboeiro (Silleda)

It was founded in 939 and built on the grounds of a small chapel. Throughout its history, the monastery was granted important relics and was under the protection of the Asturian-Leonese Kings.

15 Pendellos of Agolada

These 18th century buildings, popularly known as *pendellos*, have served as meeting and trading points. They are good examples of the traditional architecture of the region and are listed as part of the intangible heritage by the Unesco.

CULINARY MOMENTS

1 Festa da Tortilla de Laro (Silleda)

This Festival of Tourist Interest in Galicia, held in August, is one of the most popular gastronomic events in the region of Deza.

4 Feira do Cocido (Lalín)

It is held on the Sunday before Carnival Sunday and is listed as a Festival of National Tourist Interest. Its main attractions are the *cocido* (Galician typical stew) and the products obtained from the pork.

9 Festa do Xamón de Bermés (Lalín)

Festival where one can taste cured or roasted ham accompanied by bread and wine. It is held on 14th August in the parish of Bermés.

10 Festa da Empanada da Bandeira (Silleda)

This Festival of Galician Tourist Interest takes place in August and includes an *empanada* (Galician savoury pie stuffed with seasonal fillings) contest, with prizes for restaurants and homemakers.

14 Festa do Galo de Curral (Vila de Cruces)

This Festival of Tourist Interest of Galicia is held in May. There, you can taste its popular free-range chicken while enjoying musical and cultural activities.



Museo da Minería de Fontao (Vila de Cruces)



Museo Etnográfico Casa do Patrón (Lalín)



Festa da Empanada da Bandeira (Silleda)



Festa da Tortilla de Laro (Silleda)