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EXPERIENCE THE REGION OF A PARADANTA

WINE AND LAMPREY

We recommend you a custom-made tour to enjoy unforgettable days in As Rías Baixas.

The most important museums, the natural and cultural attractions of the main towns and the cuisine that should not be missed.

Day 1:

CRECENTE, ARBO AND A CAÑIZA



1 **Pesqueiras of the Miño River (Crecente, Arbo, As Neves, Salvaterra de Miño)**

The *pesqueiras*, also known as *pescos*, are stone constructions found on the banks of the Miño River that may date back to the Roman period. These were built in the shape of parallelepipeds that create currents and enable the capture of different species of river fish, mainly salmon, lamprey and tarpon. The best way to admire the *pesqueiras* is to follow a signposted route that runs along a small stretch of the Miño riverpath.



2 **Arbo: Centro de Interpretación do Viño e da Lamprea (Arbo)**

This interpretation centre is dedicated to disseminating the history of wine and the traditional fishing of lamprey, two products that are part of the identity of the town. During your visit, you will learn about the winemaking process and the wineries, as well as about the history and the traditional methods for catching lamprey.



3 **Festa da Lamprea (Arbo)**

Festival of National Tourist Interest held in April. There you can enjoy lamprey in different ways: in *empanada* (typical Galician pie with a savoury filling), dry or stuffed, and paired with wine from O Condado.



5 **Festa da Lamprea Seca (Oak wood of Turbela, Arbo)**

Festival held in August in which the lamprey dried in the local drying rooms can be enjoyed in different ways: roasted, battered, stuffed, with noodles..., but always paired with the best wines under the Designation of Origin Rías Baixas from the region of O Condado.

You can choose 1 winery where you can discover the wines under the Designation of Origin Rías Baixas from the region of O Condado:



4 Bodegas As Laxas, S. A.

As Laxas, 16, 36430 Arbo

Teléfono: [+34 986 665 444](tel:+34986665444)

www.bodegasaslaxas.com



6 Bodegas Marqués de Vizhoja

Finca A Moreira, s/n, 36438 Arbo

Teléfono: [+34 986 665 825](tel:+34986665825)

www.marquesdevizhoja.com



7 Bodega Torgo

Lugar O Torgo, Parada de Achas, 36887 A Cañiza

Teléfono: [+34 629 78 42 45](tel:+34629784245)

www.torgo.es



8 Sanctuary of the Virgin of A Franqueira (A Cañiza)

The old monastery of A Franqueira is located in the heart of the hills of A Paradanta, and the earliest record of the building is from 1063.



Day 2:

A CAÑIZA AND COVELO



9 Casa-Museo Diego de Giráldez

Located in the old quarter of A Cañiza, it exhibits the pictorial work of Diego Giráldez, a renowned hyperrealist painter and a major contemporary Spanish artist.



10 Festa do Xamón (A Cañiza)

This is a Festival of Tourist Interest in Galicia, held in August, which promotes the best-known product from A Cañiza: the *xamón* (cured ham). The cold and dry climate of the town guarantees the good curing of meat, especially of ham.



11 Favum - Lagar da Cera

This interpretation centre introduces us to the trade of the *borreiros* (waxers), explains the wax making process, the techniques used to obtain it, as well as the manufacturing of candles or votive offerings.



12 Casa Museo Etnográfico Pazo da Cruz

Located in a well-preserved 16th-century manor house, this “house-museum” keeps one of the most important ethnographic collections in Galicia, with more than 6,000 pieces displayed in the different rooms of the house.



13 Sawmill of Os Carranos

It was built in 1922. It consists of a sawmill, a wood-drying kiln, a small forge, a storage house and a furnace to eliminate the waste. The wagons transported the wood to the inside of the sawmill. It was dedicated to the fabrication of carts.